

Questions of Love: 40 love questions for couples

An original Keepsake collection

These original Keepsake questions are for couples with a shared history. Choose a few, take turns, and skip any question without explanation. This is a separate collection from Arthur Aron's 36-question exercise.

Read the [conversation guide](#).

The 40 questions

1. What's a small moment from this month that made you feel loved?
2. What small action makes you feel cared for on an ordinary day?
3. What makes you feel playful and light with me?
4. If you could invite any couple in history over for dinner, who would it be and why?
5. In what ways are we similar that still surprise you?
6. Where are we totally different, and how is that a strength?
7. What assumptions do you think outsiders make about our relationship?
8. What is one thing you wish you told me more often?
9. How did your parents or caregivers talk about love when you were growing up?
10. What did you think partnerships looked like before we met?
11. What relationship from your life taught you something about love?
12. Who in our family tree modeled the kind of partnership we want?
13. What's a belief about partnership you've gladly released?
14. What's a belief about partnership you still hold tightly?
15. When did you know you could be fully yourself around me?
16. What's a song that instantly brings you back to the start of our story?
17. Describe the first space that ever felt like "ours."
18. Which place would you like us to revisit, and what happened there?
19. Which story about us would you like to save?
20. What's a memory you hope future generations repeat?

21. What makes you feel most supported during a hard week?
22. How can we show up better on stressful days?
23. How do you define emotional safety today?
24. What boundaries help you feel brave in the relationship?
25. Tell me about a time we navigated conflict well. What did we do right?
26. What story do you want to remember from our toughest season?
27. What question have you been nervous to ask me?
28. What ritual do you want us to protect in the next season?
29. What new tradition would you like to start this year?
30. If we created a “relationship time capsule,” what would you put inside?
31. How do you want us to celebrate small wins?
32. What does intimacy mean to you beyond romance?
33. How do you want to feel when you wake up ten years from now?
34. What do you want our home to sound like, smell like, and feel like as we age?
35. How can we keep encouraging each other’s individual dreams?
36. How do you want us to navigate life transitions like moves, caregiving, or career shifts?
37. Which decision should we make together more often?
38. What’s a habit we can build to keep learning about each other?
39. Which of these questions felt most surprising tonight?
40. What promise do you want to make after this conversation?

One story to keep

Ask whether your partner wants an answer written down or recorded. Add the date and place, and agree who may see it. You can also keep the conversation private.